



## France / Provence and Camargue (FR024)

### From Avignon to Aigues Mortes

#### Characteristics:

Operator: GIROLIBERO

Tourtype: guided

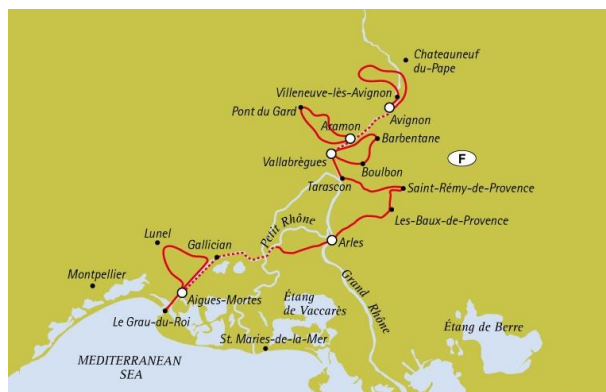
Children: no

Regions: Alpilles, Arles, Avignon, Bouches du Rhone, Camargue, Durance, Gard, Gardon, Hérault, Languedoc Roussillon, Mediterranean Sea, Mont Ventoux, Provence, Provence Alpes Cote d'Azur, Rhone, Vaucluse

Countries: France

#### Benefits:

- 7 overnights
- Full board (breakfast, dinner and a self-made packed lunch)
- Coffee and tea on board
- Sheets and towels
- Courtesy kit
- Daily short cleaning + mid-week cabin cleaning service and towel change
- Travel Guide, Maps, Roadbook
- English speaking tour leader within an international group
- Guided visit of Arles and Avignon
- Harbour charges
- Emergency van in the area (also available for daily excursions)



#### Additional costs:

- 300 EUR single cabin
- 50 EUR special diet (gluten-free and vegan diets)
- 85 EUR Girolibero bike
- 195 EUR Electro-bike
- 15 EUR helmet

#### Tour description:

A wonderful bike and boat tour in unspoiled nature: you start in Avignon and then reach the old Roman Pont du Gard, exploring Van Gogh's Provencal landscape. Then you continue cycling through the Rhone Valley up to Arles and to the medieval fortress of Aigues Mortes, which will accompany you in your ride through bulls and horses of the Camargue.



1. Avignon

Individual arrival and boarding after 6 p.m. in Avignon. Your mooring place is in Quai de la Ligne next to the famous Pont St. Bénézet.

2. Avignon, round tour (30 km)

Today we'll get to the other side of the river Rhone by crossing the island Île de la Barthelasse, and we'll ride in the typical garrigue landscape, between vineyards and orchards. Before going back we'll visit Villeneuve Les Avignon, once known to be the town of the cardinals. In the afternoon a guided visit will let us discover the historic centre of Avignon.

3. Avignon - Aramon (40 km)

In the morning navigation till the town of Aramon, where you will start pedalling. The stage today will bring you to the best preserved Roman aqueduct in Europe: Pont du Gard, a very spectacular work. Overnight in Aramon with a beautiful view over the Mont Ventoux.

4. Aramon - Vallabrègues (35 km)

You start your day sailing to Vallabrègues, pretty Provençal village on the banks of the Rhône. Along country roads you will arrive to Barbentane with its castle at the confluence of the Rhone and Durance rivers. You will cycle to the magnificent Abbey of Saint Michel de Frigulet and afterwards down to the medieval village of Boulbon. Overnight in Vallabrègues.

5. Vallabrègues - Arles (60 km)

This stage brings you to Saint Remy de Provence, birthplace of Nostradamus. This village is also famous for having hosted Van Gogh in the days of his mental illness. In the end you move onto the Alpilles, with Les-Baux-de-Provence, a village lodged in the rock itself. A landscape of limestone cliffs and olive trees accompanies your journey.

6. Arles - Aigues-Mortes (25 km)

Today the whole morning is dedicated to visit Arles, the ancient capital of Gaul with beautiful Roman ruins. You will also have the opportunity to be welcomed by a professional guide, who will accompany you around the jewels of the town. After lunch you reach the lock of Saint Gilles and from there you will sail to Aigues Mortes for the overnight stay.

7. Aigues Mortes, round tour (55 km)

Going through small country lanes of Camargue between canals, lagoons and small villages you will reach in the afternoon the charming fishermen's village Le Grau-du-Roi. Possibility of a refreshing bath on the beach.

8. Aigues Mortes

After breakfast, end of services.

The programme has been planned to feature navigation along the Rhone River and Rhone-Sète Canal. Due to organisational reasons, weather conditions or provisions issued by local authorities, the itinerary may be subject to some changes before and/or during the holiday. Issues with high and low water, as well as logistic obstacles such as officially ordered - previously not announced - repair work on locks or bridges can modify some of the daily stretches or overnight stays and may even request a transfer by bus. These decisions are only taken by the boat's captain.

Total length: 245 km

Total vertical up: 620 m

Terrain: 95% asphalt, 5% unpaved

The tour is totally flat in the lowlands in the two stages in Camargue, while the stages north of Arles present some ups and downs, which are however easy to overcome. There is just one more demanding slope towards Les Baux de Provence, but you will be fully repaid with an extraordinary landscape. The itinerary is mostly on secondary roads with low traffic; some short stretches on more busy roads are however inevitable. There will also be some navigation stretches to make the stages more enjoyable.

Easy cycling in mostly flat areas, with only few short climbs and descents. Little effort required, suitable for most people.



The boat Caprice is equipped with 11 cabins (1 Single, 2 Doubles, 8 Twins) measuring 7-8 m<sup>2</sup>. Each cabin has three fixed portholes (one is in the bathroom), air conditioning and en-suite facilities with shower area; plus ample closet space, a power socket and a full-length mirror.

Bed sizes: 1.90 m x 0.80 m (Singles) and 1.90 m x 1.40 m (Doubles).

The living area measures 12.50 x 4.10 m, is air-conditioned and it is divided into two areas:

the Restaurant

the Lounge with an open bar

A total of 10 windows give plenty of natural light.

Extra features:

Free WiFi in the restaurant/bar area

Complimentary courtesy kit

Sundeck with seating accommodation and fixed awning.

The boat L'Estello is equipped with:

10 double cabins (one with a double bed and nine with twin beds) measuring 7-8 m<sup>2</sup>.

Each cabin has two portholes (one is in the bathroom), is air-conditioned and has en-suite facilities.

Bed sizes: 1.90/2 m x 0.75/0.80 m

The living area is an air-conditioned living room and is divided into two areas:

the Restaurant, with large picture windows the Bar area with comfortable sofas and armchairs

Extra features:

Sundeck with a fixed awning, tables and chairs

Free WiFi in the restaurant/bar area

"Bring and Borrow" supply of travel books

Pétanque/Boules sets and board games available

Complimentary courtesy kit

We remind you that the boat is not like a hotel, so during the journey you will always hear some sort of underground noise.

<https://www.boat-and-bike.com/tour/france-provence-and-camargue-fr024.html>